

PSHE on a Page

At Foxes Piece School, we believe children's wellbeing, happiness and safety are our priority, and PSHE is the key vehicle through which we share this with children. We regard PSHE as an important, integral component of the whole curriculum: it is central to our approach and at the core of our ethos. Furthermore, we believe our PSHE teaching would give our children the skill and understanding to become healthy, secure, independent and responsible members of society.



INTENTIONS



- Give every child a PSHE education that covers mental health and wellbeing, physical health (including healthy lifestyles and first aid) and learning about safe, healthy relationships, including understanding consent and negotiating life online.
- Provide information about keeping healthy and safe, emotionally and physically
- Promote the spiritual, moral, cultural, mental and physical development of our children and society
- Prepare our children for the opportunities, responsibilities and experiences they already face and for adult life
- Encourage our children to understand how all actions have consequences and how they can make informed choices to help themselves, others and the environment.

IMPLEMENTATION

PSHE is delivered within a whole school approach which includes dedicated curriculum time, circle time, specialised assemblies, pastoral care and guidance. It is taught through and within other subjects and curriculum areas. Work is shared in a whole class PSHE floor book.

PSHE provision provides pupils with well-chosen opportunities and contexts to explore and embed new knowledge that can be used confidently in real life situations. PSHE is a spiral curriculum with all year groups covering the same unit which is taught using age-appropriate material.

PSHE concentrates on three curriculum areas; Health and Wellbeing, Living in the Wider World, Relationship Sex Education.

Our PSHE delivery is broad and balanced and forms an integral component of the whole curriculum.



OPPORTUNITIES



PSHE is delivered within a whole school approach which includes dedicated curriculum time, circle time, specialised assemblies, pastoral care and guidance. It is taught through and within other subjects and curriculum areas. Work is shared in a whole class PSHE floor book.

Our PSHE delivery is broad and balanced and forms an integral component of the whole curriculum through visiting speakers, PSHE activities and school events e.g., Black History Month, Mental Health Awareness Week and many more broad and balanced integral component of the whole curriculum.

Impact

Health and Wellbeing
We aim for children to:

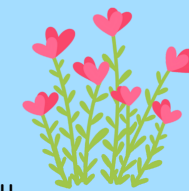
- Know and understand what constitutes a healthy lifestyle
- Know how to maintain physical, mental, and emotional health and wellbeing.
- Be aware of safety issues, including how to respond in an emergency.
- Know how to manage change, including puberty, transition, and loss.



Impact

Relationships
We aim for children to:

- Develop and maintain a variety of healthy relationships within a range of social and cultural contexts.
- Know how to recognise risky or negative relationships, including all forms of bullying and abuse, and ask for help.
- Know how to respect equality and diversity in relationships.



Impact

Living in the wider world
We aim for children to:

- Know the importance of responsible behaviours and actions.
- Be responsible and independent members of the school community.
- Be positive and active members of a democratic society.
- Know about the importance of respecting and protecting the environment.
- Develop self-confidence and self-esteem and make informed choices regarding personal and social issues.
- Develop good relationships with other members of the school and the wider community.
- Know about where money comes from, keeping it safe and the importance of managing it effectively.
- Have a basic understanding of enterprise.

